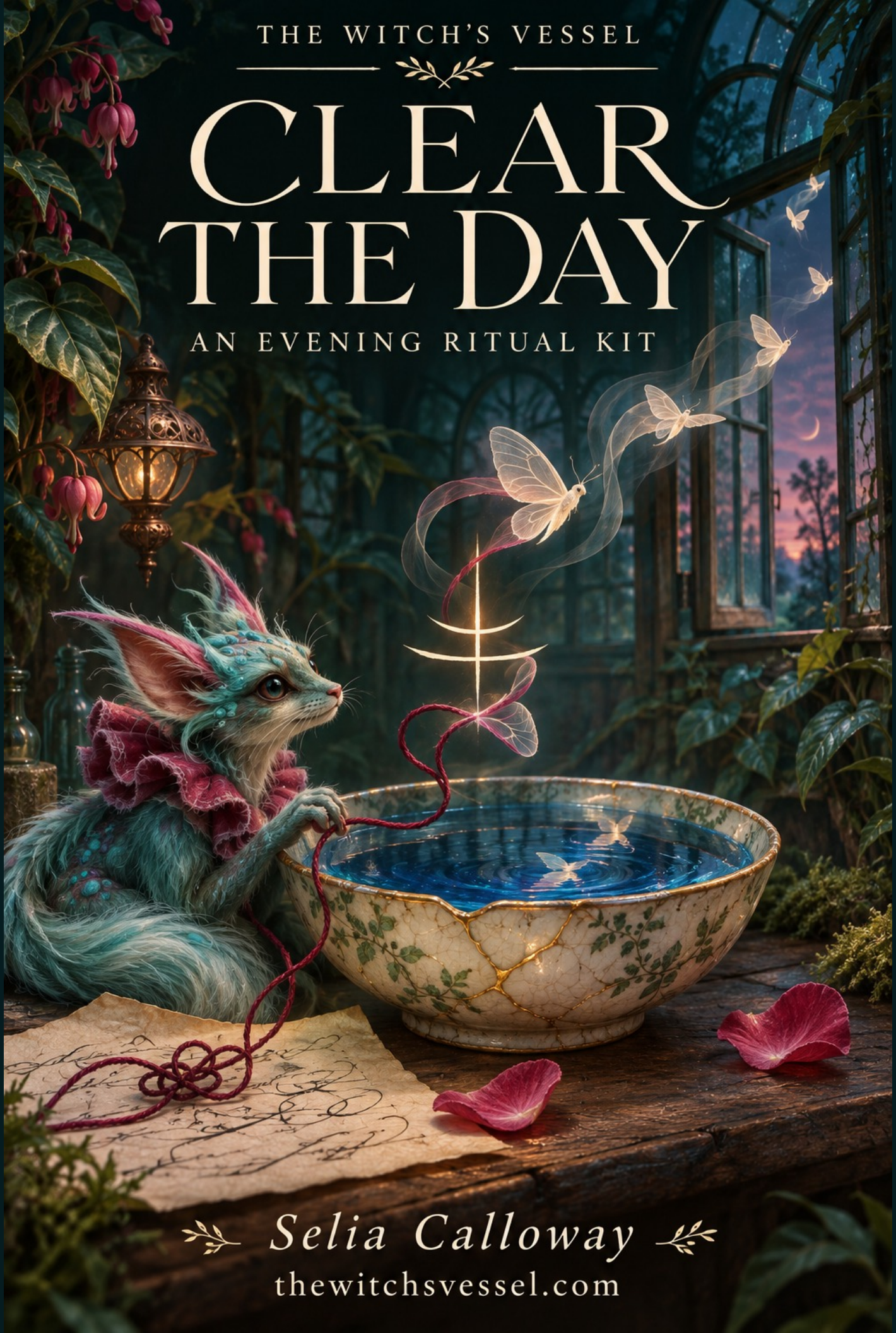

THE WITCH'S VESSEL
CLEAR THE DAY
AN EVENING RITUAL KIT
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Unravel the day

A little water, a loose knot, and a deliberate end to the day. Allow 5–10 minutes.



GATHER

A small bowl of cool water, a cloth, paper and a pen. For the optional knot working, add a short piece of thread. Keep the thread and paper dry.

THE RELEASE WORDS

"The day is done.
I call my attention home.
What is mine returns to me;
what is spent may pass away.
I lay this day down.
My evening is my own."

01 Set the boundary

Set your bowl on a steady surface. Place your cloth, paper and pen beside it. Say: "For these few minutes, I call my attention home."

02 Name what you lay down

Write one thing you are releasing tonight. If using thread, tie one loose knot as you name it. Choose a knot you can easily undo.

03 Gather, then release

Circle a fingertip above the water three times clockwise, or touch it with clean fingers. Say: "I gather what is mine; I release what is spent."

04 Open the knot

Speak the release words above once or three times. Slowly untie your knot, if you made one. Set the open thread beside your written words.

05 Close the working

Draw the closing mark from the next page beside your words. Say: "The working is closed." Empty the water into the sink, rinse and dry the bowl, and wash your hands.

No flame or smoke is needed. Keep the ritual water for the working only; do not drink it.

A mark for the threshold

Three simple strokes for the intention: "I lay the day down."



01 NAME

Draw one steady line downward.

02 RELEASE

Add a wide upward-open curve across the line.

03 CLOSE

Add a smaller upward-open curve above the first.

GIVE THE MARK ITS WORK

Rest a hand above your paper. Say: "What I have named may rest. This mark closes my working." Leave the open thread beside the paper overnight. In the morning, keep them as a record or recycle the paper and put the thread away.



A SMALLER WORKING

For another evening, use just paper and a pen: name one thing, draw the three strokes, and say, "The day is done. My evening is my own." Close your journal.

DRAW YOUR MARK

An original working mark created for this kit. Redraw it for your own practice.

What I lay down

A few honest lines are enough.
Let the rest of the page stay quiet.



DATE _____ **TIME** _____

What I am releasing tonight

What belongs to tomorrow, and one small next step

What I am welcoming into this evening

After the working, I notice...

"I have laid the day down. My evening is my own."

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