The Wishing Thread

A knot spell for one wish and its first small step



Gather

A handspan of thread, yarn or ribbon. Choose a piece thick enough to untie. You can use any color you like.

Give the wish a name

Hold an end in each hand. Say one wish aloud. Then name a small action within your reach. If you wish to draw again, your step might be to open your sketchbook and draw one leaf.

Tie the knot

Cross one end over the other to make a loop. Pass the end through once. Draw the knot together gently as you speak the words below.

"Into this knot I tie my wish.
With my own hands I begin."

Open the knot

Keep the thread with your pocket card. After you take your step, loosen the knot, draw the silk straight and name what you did. Wind the thread up to use again. If your wish changes, you can untie it and choose anew.

A wish to carry

Fill in the card, cut along the dotted outline, then fold across the center with your words inside. Tuck your knotted thread into the fold.



What I wish for

My first small step

THE WISHING THREAD

When the thread is loose again

What did you do, and what would you like to carry forward?